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An Empirical Study to explore effects of Age, Gender and Personality Type on Emotional Intelligence

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Abstract

The purpose of this study is to explore the relationship between Emotional Intelligence (EI) and Personality Type of faculty members of technical courses teaching in India, and the effect of gender and age on these aspects. A total of 109 participants were administered an Emotional Intelligence Test and Personality Test. Three sub-components of Emotional Intelligence, viz. Emotional Maturity, Emotional Competency, and Emotional Sensitivity were also studied. The results reflected a significant co-relation between Age and EI Scores of the respondents indicating that experience of a faculty member adds to an increase in the overall EI level during the latter part of their career. However, no significant relationship was found between EI and Personality Type exhibited by the respondents. The respondents were found to exhibit an overall 'High' to 'Moderate' level of EI score. Male respondents reflected a significantly high level of EI and Emotional Sensitivity as compared to their female counterparts.

Key Words: Emotional Intelligence, Emotional Maturity, Emotional Competency, Emotional Sensitivity, Personality Type