



Indian Institute of Forest Management

Management Development Programme

on

Environmental Leadership and Life Skills

(For Women Scientists & Technologists)

(Online Mode)

05-09 December 2022



Programme Directors

Dr. Bal Krishna Upadhyay

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Sponsored by



DEPARTMENT OF SCIENCE AND TECHNOLOGY

Background

A decade ago, the "sink or swim" culture was widespread in scientific research. However, scientific/academic institutions across the globe are now investing resources in helping scientists gain a very different skill set that is to be acquired under life skills/soft skills.

Environmental Leadership and life skills programme emphasize influential leadership and communication skills to facilitate day-to-day interactions among scientists, decision-makers and the society, at large. Many of the essential skills and tools are required for the scientists to bring positive change and "create a world (environment) to which people want to belong." Besides leading their team, scientists increasingly need leadership skills for handling multidisciplinary collaborations and difficulties that arise during the coordination of grant proposals, writing papers and assigning intellectual property rights. These require cooperation among academics of equal status, and sometimes with collaborators of higher status than the initiator leading to interesting technical and management challenges. Over five days scientists will join discussion groups, and role-play exercises, doing various psychometric assessments aimed at understanding different personality types, creating strategies for dealing with challenging situations such as conflict, and forming a support network to help follow up with a personal action plan consisting of learned life and soft skills. Thus, the programme offers an opportunity to learn life skills that can be applied to a wide range of situations.

The course is based on *Smithsonian Environmental Leadership course of USA* and will involve self-exploration and discovery, as well as



interaction among the scientists who will share their experiences regarding challenges they faced in people management. Facilitators will introduce exercises in an atmosphere of mutual trust and respect to challenge the participants to explore and practice the elements of creative leadership.

The course is designed for scientists/academicians and professionals with scientific endeavor and working in government organizations who are ready to make a difference and who are ready to learn how to get their programs/projects implemented. The aim of this training course is to disseminate the knowledge of environmental leadership and life skills and build their capacity in this regard for professional effectiveness.

The Focus

The focus of this course is to provide with many of the tools of leadership, as applied in the scientific context. There are consistent skills that leaders exemplify like self-skills, relational skills, strategic thinking skills and systemic thinking skills under the larger umbrella of life skills. These skills can be learned, and they are the central focus of the course. It begins by exploring some examples of exemplary scientists, the characteristics of leadership, and learning about the project to focus on in this training.

Broad Course include inculcation of-

- Environmental leadership and life skills, self and personality assessment and development
- Personal effectiveness, and positive work attitude, motivational skills for self and others
- Emotional intelligence, transactional analysis, and managing relationships
- Assertiveness skills and body language
- Leadership and team building skills and managing creativity.
- Time management, anger management, work place conflicts, and management skills
- Work ethics, Professionalism, and Effectiveness
- Life skills, stress and its impact on health and work, Progressive Muscular Relaxation, "Stress Siddhi-JPMR."

What does Alumni say about the programme



"An apt programme for self-evaluation of life skills along with road map for improvement."

...Dr. MP Sujatha, Principal Scientist, Soil Science Dept, KFRI

"This programme is about all round holistic development (and not only about acquiring information) which is the need of the hour. Yoga and exercises release endorphins, which will stimulate the mind and body. Thus, one feels energetic and the overall performance increases. It has long-term effects as you are not preparing for today but your tomorrow. This programme has changed my perspective about life skills, and I feel more responsible towards protecting my environment."

...Dr. Sunita Nayak, AIIMS, Patna

Pedagogy

The training will facilitate experiential learning through lectures, exercises, training games, role-playing, discussion, groups tasks, case discussion, documentary videos, etc.

Duration and Venue

This five days' skill development programme is to be conducted from **5th December o9th December 2022 in online format** which will be live on google meet platform from the Indian Institute of Forest Management, Bhopal, Madhya Pradesh.

There is no registration fee for the programme. The programme is to be held on google meet virtual platform and the participants can attend using any compatible desktop, laptop, iPhone and android devices.

Eligibility for Applicants

Participants serving in any scientific, research, and technological institutions under central/state/PSUs and drawing Level 10 and above of 7th CPC as a part of group A service with not more than 57 years of age are eligible to apply for this programme. The nominations are to be sent by the forwarding/competent authority of the organisation.

Programme Directors

Dr Bal Krishna Upadhyay, Ph.D., Psychology, MBA (HRM) is a Faculty in the area of Human Resource Management who have been working on various interaction on human and environment for more than two decades. As a trainer, he has conducted over 20 MDPs on different topics for different stakeholders. For details please visit: <https://iifm.ac.in/teacher/bal-krishna-upadhyay/>



Dr Parul Rishi, Ph.D., Psychology, Chairperson, Faculty area of Human Resource Management and Centre for excellence in Corporate Social Responsibility with about 30 years of teaching experience. Area of teaching and Research interests include Organizational Behaviour, Corporate Social Responsibility and Governance, Business Ethics, Emotional Intelligence, Human – Climate Change interface and contemplative practices (mindfulness and spiritual intelligence), behavioural perspectives of environment and sustainability, stress management, motivational issues and Leadership. For details please visit: <https://iifm.ac.in/teacher/parul-rishi/>



INDIAN INSTITUTE OF FOREST MANAGEMENT:

(An autonomous institute of Ministry of Environment, Forest and Climate Change, Govt. of India)

The Indian Institute of Forest Management (IIFM) is a sectoral management institute, established in 1982 as an autonomous institution under the Ministry of Environment, Forest and Climate Change, Government of India, constantly endeavours to evolve knowledge useful for the managers in the area of Forest, Environment and Natural Resources Management and allied sectors. Since its inception, IIFM has been home to some of the most brilliant young minds who are constantly raising the bar of excellence in this dynamic field. Situated in the City of Lakes, the Indian Institute of Forest Management, Bhopal is uniquely positioned in South Asia in its endeavour to blend the concepts of environment and development management with corporate management expertise. It disseminates such knowledge in ways that promote its application by individuals and organizations.

Registration & Submission:

The seats are limited to 25 and the confirmation shall be sent on first –cum first serve basis from those who fulfills the eligibility criteria as decided by the DST. Complete Registration, in the google form, must be submitted by 31st November, 2022.

Google Registration link:

<https://forms.gle/CQAnswzp2cVL3tPv5>

Contact for Programme Related further information

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